October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 Start Our Day With Music 10:00 Daily Chronicles (Linked Senior) 10:30 Chair Exercise 11:00 C Lore (History Of Chocolate & Salt 12:00 Lunch 1:30 **Bingo** 3:00 Social Time or Movie 5:00 Dinner	2 9:30 Daily Chronicles (Linked Senior) 10:00 Chair Exercise 11:00 Ask Ann Landers 12:00 Lunch 1:30 1700's History Trivia 2:30 Ring Toss 3:30 Social Time or Movie 5:00 Dinner	3 9:30 Daily Chronicles (Linked Senior) 10:00 Group Discussion (Halloween Costumes) 11:00 WB (History Of Bicycle) 12:00 Lunch 1:30 **Nail Day W/Movies** 5:00 Dinner
4 9:30 Gospel Music 10:30 Bible Stories 11:00 First Baptist Church 12:00 Lunch 1:30 **Nail Day W/ Popcorn & Movies** 5:00 Dinner	5 9:30 Start Our Day With Music 10:00 Daily Chronicles(Linked Senior) 10:30 Chair Exercises 11:00 TL (20 Events That Change World History) 12:00 Lunch 1:30 Mad Hatter Facts & Movies 5:00 Movie	6 9:30 Daily Chronicles(Linked Senior) 10:00 Chair Exercises 11:00 Price Is Right (CH 6) 12:00 Lunch 1:30 This Day In History 2:30 Name 5 Card Game 3:30 Social Time or Movie 5:00 Dinner	7 9:30 Start Our Day With Music 10:00 Daily Chronicles (Linked Senior) 10:30 Chair Exercises 11:00 **Music W/ Suncrest Chaplain Julie** 12:00 Lunch 1:30 Indoor Beach Ball Volleyball 3:00 Social Time or Movie 5:00 Dinner	8 9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Group Discussion (Halloween) 12:00 Lunch 1:30 Virtual Travel (Salem Massachusetts) 2:00 Simon Says 3:00 Social Time or Movie 5:00 Dinner	9 9:30 Start Our Day With Music 10:00 Daily Chronicles(Linked Senior) 10:30 Chair Exercises 11:00 Halloween Book Reading (Sleepy Hallow) 12:00 Lunch 1:30 Finish The Phrase (Halloween) 2:30 Looney Tunes Halloween 3:30 Social Time or Movie 5:00 Dinner	10 9:30 Daily Chronicles (Linked Senior) 10:00 Name 5 Card Game 11:00 Remember When (Link Senior) 12:00 Lunch 1:30 Parachute 2:30 Social Time (Russian Music) 3:30 Movie
11 9:30 Gospel Music 10:30 Bible Stories 11:00 First Baptist Church (CH8) 12:00 Lunch 1:30 Guess In 10 Card Game 2:30 Would You Rather? 3:30 Social Time or Movie 5:00 Dinner	12 9:30 Start Our Day With Music 10:00 Daily Chronicles (Linked Senior) 10:30 Chair Exercise 11:00 Mythology (Medusa) 12:00 Lunch 1:30 Spin & Solve (Linked Senior) 2:00 **Music w/ Mary Stella** 3:00 Social Time or Movie 5:00 Dinner	13 9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Facts About Jack-O-Lantern 12:00 Lunch 1:30 Halloween Sayings 2:00 Arts & Crafts Halloween Theme 3:00 Social Time or Movie 5:00 Dinner	14 9:30 Start Our Day With Music 10:00 Daily Chronicles (Linked Senior) 10:30 Chair Exercise 11:00 Weekly Group Reading 12:00 Lunch 1:30 **Bingo** 3:00 Social Time or Movie 5:00 Dinner	15 9:30 Start Our Day With Music 10:00 Daily Chronicles (Linked Senior) 10:30 Chair Exercises 11:00 Halloween in Every Country (Virtual Travel) 12:00 Lunch 1:30 Adult Coloring (Halloween Theme) 2:30 History of Sleepy Hallow 3:00 Social Time or Movie 5:00 Dinner	16 9:30 Daily Chronicles (Linked Senior) 10:00 Lets Make A Deal (Game Show CH. 6) 11:00 What Am I ? 12:00 Lunch 1:30 Buzz Words 2:30 Noodle Ball 3:30 Social Time or Movie 5:00 Dinner	17 9:30 Daily Chronicles (Linked Senior) 10:00 Funniest Zoo Videos (YouTube) 11:00 WB (Why The Fork Was Banned) 12:00 Lunch 1:30 **Nail Day W/Movies** 5:00 Dinner
18 9:30 Gospel Music 10:30 Bible Stories 11:00 First Baptist Church 12:00 Lunch 1:30 **Nail Day W/ Popcorn & Movies** 5:00 Dinner	19 9:30 Daily Chronicles 10:00 Chair Exercise 11:00 Why We Wear Halloween Costumes 12:00 Lunch 1:30 Halloween 2:00 Arts & Crafts Halloween Theme 3:00 Social Time or Movie 5:00 Dinner	20 9:30 Daily Chronicles(Linked Senior) 10:00 Chair Exercises 11:00 Chinese Zodiac 12:00 Lunch 1:30 Current Events 2:30 What If ? Game 3:30 Social Time or Movie 5:00 Dinner	21 9:30 Start Our Day With Music 10:00 Daily Chronicles (Linked Senior) 10:30 Chair Exercises 11:00 **Music W/ Suncrest Chaplain Julie** 12:00 Lunch 1:30 Halloween Trivia 3:00 Social Time or Movie 5:00 Dinner	22 9:30 Daily Chronicles 10:00 Chair Exercise 11:00 What is Halloween w/ History & Facts 12:00 Lunch 1:30 Halloween Trivia 2:30 Facts About Why We Carve Pumpkins 3:00 Social Time or Movie 5:00 Dinner	23 	24 9:30 Daily Chronicles(Linked Senior) 10:00 Guess in 10 11:00 Dear Abby 12:00 Lunch 1:30 Funniest Videos Halloween (YouTube) 2:30 Balloon Swat Game 3:30 Social Time or Movie 5:00 Dinner
25 9:30 Gospel Sing-A- Long 10:30 Bible Facts 11:00 First Baptist Church (CH8) 12:00 Lunch 1:30 Candy Trivia 2:30 Balloon Swat 3:30 Social Time or Movie 5:00 Dinner	26 9:30 Start Our Day With Music 10:00 Daily Chronicles (Linked Senior) 10:30 Chair Exercise 11:00 Quiz Blitz 12:00 Lunch 1:30 **Bingo** 3:00 **Casper Movie Marathon** 5:00 Dinner	27 9:30 Start Our Day With Music 10:00 Daily Chronicles (Linked Senior) 10:30 Chair Exercises 11:00 Pumpkin Carving Contest (Virtual Travel) 12:00 Lunch 1:30 **Charlie Brown & Scooby Doo Marathon** 5:00 Dinner	28 9:30 Start Our Day With Music 10:00 Daily Chronicles (Linked Senior) 10:30 Chair Exercises 11:00 Halloween Quiz 12:00 Lunch 1:30 **Addams Family Movie Marathon** 5:00 Dinner	29 9:30 Start Our Day With Music 10:00 Daily Chronicles (Linked Senior) 10:30 Chair Exercises 11:00 History About Black Cats 12:00 Lunch 1:30 **Hocus Pocus Movie Marathon** 5:00 Dinner	30 9:30 Daily Chronicles 10:30 Chair Exercises 11:00 Social Time (Slow Jazz) 12:00 Lunch 1:30 This Or That 2:30 Guess In 10 3:30 Social Time or Movie 5:00 Dinner	31 

The Crossroads at Bon Air, 9100 Bon Air Crossings Drive, Richmond, VA 23235 (804) 560-1440
All Activities Are Subject To Change & Residents Will Be Notified. Activities Meet Residents Physical, Mental/Cognitive, Emotional, Psychosocial, & Spiritual Needs